

NEW ZEALAND ICE FIGURE SKATING ASSOCIATION INC.
2021 New Zealand National Ice Figure Skating Championships
2021 New Zealand Adult Ice Figure Skating National Championships

TECHNICAL ANNOUNCEMENT Updated 17 May 2021

GENERAL REGULATIONS:

The New Zealand National Ice Figure Skating Championships will be conducted in accordance with the 2018 ISU Regulations and current ISU Communications for Figure, Dance and Synchronized, and in accordance with the latest issue of the NZIFSA Rules & Regulations. Singles, Pairs, Ice Dance, Synchronized Skating and Adult Skating will be judged using the ISU Judging System.

MUSIC: All competitors shall provide music in the format requested by the organizing committee (this information is to be circulated at a later date). This must contain only one track and must be marked as follows:

Competitors Name
 Championship Section (e.g. Junior Ladies)
 Programme Identification (e.g. Short Programme)
 Exact running time of music (not skating time)

TECHNICAL DATA:

All Championship events and Official Practices will take place at Paradise Ice Skating, 490 Ti Rakau Drive, Golflands, Auckland 2013, an indoor, artificial rink with an ice surface of **60m x 30m** metres.

ELIGIBILITY:

Refer to the following Rules from the 2021 NZIFSA Rules & Regulations:

SINGLES, PAIRS, ICE DANCE, ADULT Rules 202, 205, 206, 224, 225
and SYNCHRONISED Rules 202, 205, 206, 224, 603

For the New Zealand National Championships, skaters/couples must not have competed in a higher grade - locally, nationally or internationally. The exception to this is the Junior grade if the skater is eligible under Rule 225.1.

Guest competitors from other ISU Members are to skate in the equivalent grade as they compete in at competitions within their own country or internationally.

Specifically note the following eligibility requirements:

SINGLES

NOTE: For all Singles grades, other than Senior and Adult, separate titles for Under 12, Men and Ladies will be competed for. Senior and Adult grades shall have separate titles for Ladies and Men.

JUVENILE Championship for Singles is open to those skaters who, at the closing of entries:

- i. have passed a minimum of Test 1 (Preliminary) Free Skating and a minimum of Test 2 (Inter Bronze) Stroking;
- ii. have not reached the age of eighteen years before the 1st July immediately preceding the championship;
- iii. have met the minimum TES points of 6.75 at a Club or Regional Championship in accordance with NZIFSA Rule 205.1.

BASIC NOVICE Championship for Singles is open to those skaters who, at the closing of entries:

- i. have passed a minimum of Test 2 (Inter Bronze) Free Skating and a minimum of Test 3 (Bronze) Stroking;
- ii. have not reached the age of eighteen years before the 1st July immediately preceding the championship;
- iii. have met the minimum TES points of 7.00 at a Club or Regional Championship in accordance with NZIFSA Rule 205.1.

INTERMEDIATE NOVICE Championship for Singles is open to those skaters who, at the closing of entries:

- i. have passed a minimum of Test 3 (Bronze) Free Skating and a minimum of Test 4 (Inter Silver) Stroking;
- ii. have met the minimum TES points of 8.75 (Under 12 & Ladies) or 10.00 (Men) at a Club or Regional Championship in accordance with NZIFSA Rule 205.1.

NOTE: This grade has no age requirement for eligibility.

ADVANCED NOVICE Championship for Singles is open to those skaters who, at the closing of entries:

- i. have passed a minimum of Test 4 (Inter Silver) Free Skating or have passed the Novice Competitive test and a minimum of Test 5 (Silver) Stroking.
- ii. have met the minimum TES points of 21.75 (Under 12 & Ladies) or 24.50 (Men) at a Club or Regional Championship in accordance with NZIFSA Rule 205.1.

NOTE: This grade has no age requirement for eligibility.

JUNIOR Championship for Singles is open to those skaters who, at the closing of entries:

- i. have passed a minimum of Test 5 (Silver) Free Skating or have passed the Junior Competitive test and a minimum of Test 6 (Inter Gold) Stroking.
- ii. have met the minimum TES points of 29.75 (Under 12 & Ladies) or 37.50 (Men) at a Club or Regional Championship in accordance with NZIFSA Rule 205.1.

NOTE: This grade has no age requirement for eligibility.

SENIOR Championship for Singles is open to those skaters who, at the closing of entries:

- i. have passed a minimum of Test 6 (Inter Gold) Free Skating or have passed the Senior Competitive test and a minimum of Test 7 (Gold) Stroking.
- ii. have reached the age of twelve years before the 1st July immediately preceding the championship;
- iii. have met the minimum TES points of 40.00 (Ladies) or 49.75 (Men) at a Club or Regional Championship in accordance with NZIFSA Rule 205.1.

ADULT SKATING SINGLES

NOTE: The entry into Adult Bronze, Silver, Gold and Elite levels is self-selecting with no minimum test requirements. However, as a guideline, Bronze division is for skaters who started skating later and/or hold up to Bronze level tests for that discipline. Elite division is for skaters who competed internationally during their skating career. Entry into Silver and Gold is dependent on the level of elements a skater is able and/or wants to include.

NOTE: Men and Ladies will be judged separately.

BRONZE I Championship for Singles is open to skaters who have reached the age of 18 years but not reached the age of 35 years before the 1st of July preceding the championship.

BRONZE II Championship for Singles is open to skaters who have reached the age of 35 years but not reached the age of 55 years before the 1st of July preceding the championship.

BRONZE III Championship for Singles is open to skaters who have reached the age of 55 years or more before 1st July preceding the championship.

SILVER I Championship for Singles is open to skaters who have reached the age of 18 years but not reached the age of 35 years before the 1st July preceding the championship.

SILVER II Championship for Singles is open to skaters who have reached the age of 35 years but not reached the age of 55 years before the 1st of July preceding the championship.

SILVER III Championship for Singles is open to skaters who have reached the age of 55 years or more before 1st July preceding the championship.

GOLD I Championship for Singles is open to skaters who have reached the age of 18 years but not reached the age of 35 years before the 1st July preceding the championship.

GOLD II Championship for Singles is open to skaters who have reached the age of 35 years but not reached the age of 55 years before the 1st of July preceding the championship.

GOLD III Championship for Singles is open to skaters who have reached the age of 55 years or more before 1st July preceding the championship.

ELITE I Championship for Singles is open to skaters who have reached the age of 18 years but not reached the age of 35 years before the 1st July preceding the championship.

ELITE II Championship for Singles is open to skaters who have reached the age of 35 years but not reached the age of 55 years before the 1st of July preceding the championship.

ELITE III Championship for Singles is open to skaters who have reached the age of 55 years or more before 1st July preceding the championship.

ADULT INTERPRETIVE

BRONZE I INTERPRETIVE Championship is open to skaters who have reached the age of 18 years but not reached the age of 35 years before the 1st of July preceding the championship.

BRONZE II INTERPRETIVE Championship is open to skaters who have reached the age of 35 years but not reached the age of 55 years before the 1st of July preceding the championship.

BRONZE III INTERPRETIVE Championship is open to skaters who have reached the age of 55 years or more before 1st July preceding the championship.

SILVER I INTERPRETIVE Championship is open to skaters who have reached the age of 18 years but not reached the age of 35 years before the 1st July preceding the championship.

SILVER II INTERPRETIVE Championship is open to skaters who have reached the age of 35 years but not reached the age of 55 years before the 1st of July preceding the championship.

SILVER III INTERPRETIVE Championship is open to skaters who have reached the age of 55 years or more before 1st July preceding the championship.

GOLD I INTERPRETIVE Championship is open to skaters who have reached the age of 18 years but not reached the age of 35 years before the 1st July preceding the championship.

GOLD II INTERPRETIVE Championship is open to skaters who have reached the age of 35 years but not reached the age of 55 years before the 1st of July preceding the championship.

GOLD III INTERPRETIVE Championship is open to skaters who have reached the age of 55 years or more before 1st July preceding the championship.

NOTE: Men and Ladies will be judged separately.

An Adult skater can only enter in one level of Adult Free skate but may also enter in the Adult Interpretive Event.

PAIR SKATING

JUVENILE Championship for Pair Skating is open to couples who, at the close of entries, have passed a minimum of Test 1 (Preliminary) Pair Skating Test and Test 2 (Inter Bronze) Stroking Test and have met the minimum TES points of 6.25 at a Club or Regional Championship in accordance with Rule 205.1.

PRE NOVICE Championship for Pair Skating is open to couples who, at the close of entries, have passed a minimum of Test 2 (Inter Bronze) Pair Skating Test and Test 3 (Bronze) Stroking Test and have met the minimum TES points of 7.25 at a Club or Regional Championship in accordance with Rule 205.1.

BASIC NOVICE Championship for Pair Skating is open to couples who, at the close of entries, have passed a minimum of Test 3 (Bronze) Pair Skating Test and Test 4 (Inter Silver) Stroking Test and have met the minimum TES points of 5.00 at a Club or Regional Championship in accordance with Rule 205.1.

ADVANCED NOVICE Championship for Pair Skating is open to couples who, at the close of entries, have passed a minimum of Test 4 (Inter Silver) Pair Skating Test or have passed the Novice Competitive test and Test 5 (Silver) Stroking Test and have met the minimum TES points of 29.25 at a Club or Regional Championship in accordance with Rule 205.1.

JUNIOR Championship for Pair Skating is open to couples who, at the close of entries, have passed a minimum of the Test 5 (Silver) Pair Skating Test or have passed the Junior Competitive test and Test 6 (Inter Gold) Stroking Test and have met the minimum TES points of 41.25 at a Club or Regional Championship in accordance with Rule 205.1.

SENIOR Championship for Pair Skating is open to couples who, at the close of entries, have passed a minimum of the Test 6 (Inter Gold) Pair Skating Test or have passed the Senior Competitive test and at least the Test 7 (Gold) Stroking Test and have met the minimum TES points of 47.75 at a Club or Regional Championship in accordance with Rule 205.1.

NOTE: There are no age restrictions on the above pair skating grades.

ADULT PAIRS

NOTE: The entry into Adult Bronze, Silver, Gold and Elite levels is self-selecting with no minimum test requirements. However, as a guideline, Bronze division is for skaters who started skating later and/or hold up to Bronze level tests for

that discipline. Elite division is for skaters who competed internationally during their skating career. Entry into Silver and Gold is dependent on the level of elements a skater is able and/or wants to include.

NOTE: In Pair Skating, where couples bridge the age group the elder skater of the partnership must skate in the younger age group.

BRONZE I Championship for Pair Skating is open to skaters who have reached the age of 18 years but not the age of 35 years before the 1st of July preceding the championship.

BRONZE II Championship for Pair Skating is open to skaters who have reached the age of 35 years but not reached the age of 55 years before the 1st of July preceding the championship.

BRONZE III Championship for Pair Skating is open to skaters who have reached the age of 55 years or more before the 1st July preceding the championship.

SILVER I Championship for Pair Skating is open to skaters who have both reached the age of 18 years but not the age of 35 years before the 1st of July preceding the championship.

SILVER II Championship for Pair Skating is open to skaters who have reached the age of 35 years but not reached the age of 55 years before the 1st of July preceding the championship.

SILVER III Championship for Pair Skating is open to skaters who have reached the age of 55 years or more before the 1st July preceding the championship.

GOLD I Championship for Pair Skating is open to skaters who have both reached the age of 18 years but not the age of 35 years before the 1st of July preceding the championship.

GOLD II Championship for Pair Skating is open to skaters who have reached the age of 35 years but not reached the age of 55 years before the 1st of July preceding the championship.

GOLD III Championship for Pair Skating is open to skaters who have reached the age of 55 years or more before the 1st July preceding the championship.

ELITE I Championship for Pair Skating is open to skaters who have both reached the age of 18 years but not the age of 35 years before the 1st of July preceding the championship.

ELITE II Championship for Pair Skating is open to skaters who have reached the age of 35 years but not reached the age of 55 years before the 1st of July preceding the championship.

ELITE III Championship for Pair Skating is open to skaters who have reached the age of 55 years or more before the 1st July preceding the championship.

ICE DANCE

JUVENILE Championship for Ice Dance - Both skaters must have a minimum of Test 1 (Preliminary) Dance at the close of entries.

BASIC NOVICE Championship for Ice Dance – Both skaters must hold a minimum of Test 2 (Inter Bronze) Dance medal at the close of entries.

INTERMEDIATE NOVICE Championship for Ice Dance - Both skaters must have a minimum of Test 3 (Bronze) Dance at the close of entries.

ADVANCED NOVICE Championship for Ice Dance - Both skaters must hold a minimum of Test 4 (Inter Silver) Dance or have passed the Novice Competitive Dance test at the close of entries.

JUNIOR Championship for Ice Dance - Both skaters must hold a minimum of Test 5 (Silver) or have passed the Junior Competitive Dance test at the close of entries.

SENIOR Championship for Ice Dance – Both skaters must have a minimum of Test 6 (Inter Gold) Dance or have passed the Senior Competitive Dance test at the close of entries.

Norman Wright Waltzing Trophy - is open to all grades, but couples must be husband and wife, father and daughter, mother and son or brother and sister.

New Zealand Waltzing Trophy- is open to all couples.

NOTE: There are no age restrictions on the above ice dance grades.

ADULT ICE DANCE

NOTE: The entry into Adult Bronze, Silver, Gold and Elite levels is self-selecting with no minimum test requirements. However, as a guideline, Bronze division is for skaters who started skating later and/or hold up to Bronze level tests for that discipline. Elite division is for skaters who competed internationally during their skating career. Entry into Silver and Gold is dependent on the level of elements a skater is able and/or wants to include

BRONZE I Championship for Ice Dance is open to skaters who have reached the age of 18 years but not the age of 35 years before the 1st of July preceding the championship.

BRONZE II Championship for Ice Dance is open to skaters who have reached the age of 35 years but not reached the age of 55 years before the 1st of July preceding the championship.

BRONZE III Championship for Ice Dance is open to skaters who have reached the age of 55 years or more before the 1st July preceding the championship.

SILVER I Championship for Ice Dance is open to skaters who have both reached the age of 18 years but not the age of 35 years before the 1st July preceding the championship.

SILVER II Championship for Ice Dance is open to skaters who have reached the age of 35 years but not reached the age of 55 years before the 1st of July preceding the championship.

SILVER III Championship for Ice Dance is open to skaters who have reached the age of 55 years or more before the 1st July preceding the championship.

GOLD I Championship for Ice Dance is open to skaters who have both reached the age of 18 years but not the age of 35 years before the 1st July preceding the championship.

GOLD II Championship for Ice Dance is open to skaters who have reached the age of 35 years but not reached the age of 55 years before the 1st of July preceding the championship.

GOLD III Championship for Ice Dance is open to skaters who have reached the age of 55 years or more before the 1st July preceding the championship.

ELITE I Championship for Ice Dance is open to skaters who have both reached the age of 18 years but not the age of 35 years before the 1st July preceding the championship.

ELITE II Championship for Ice Dance is open to skaters who have reached the age of 35 years but not reached the age of 55 years before the 1st of July preceding the championship.

ELITE III Championship for Ice Dance is open to skaters who have reached the age of 55 years or more before the 1st July preceding the championship.

SYNCHRONIZED SKATING

BASIC NOVICE - A team of 9 to 16 skaters. All skaters must not have reached the age of 18 before the 1st of July immediately preceding the date of any competitions they enter. All skaters on the team must hold a minimum of Test 0 (Elementary) Stroking or Test 0 (Elementary) Ice Dance at the close of entries. Only 25% of skaters on the team may hold tests higher than Test 2 (Inter Bronze) Stroking or Test 2 (Inter Bronze) Ice Dance.

MIXED AGE - A team of 8 to 16 skaters. There are no age limits. All skaters on the team must hold a minimum of Test 1 (Preliminary) Stroking or Test 1 (Preliminary) Ice Dance at the close of entries.

ADVANCED NOVICE – A team of 9 to 16 skaters. At least 75% of the skaters must have reached the age of 10 but not have reached the age of 15 before the 1st of July immediately preceding the championship. All skaters on the team must hold a minimum of Test 1 (Preliminary) Stroking or Test 1 (Preliminary) Dance at the close of entries.

JUNIOR - A team of 9 to 16 skaters. At least 75% of the skaters must have reached the age of 13 but not have reached the age of 19 before the 1st of July immediately preceding the championship. All skaters on the team must hold a minimum of Test 2 (Inter Bronze) Stroking or Test 2 (Inter Bronze) Ice Dance at the close of entries.

SENIOR - A team of 9 to 16 skaters. At least 75% of the skaters must have reached the age of 15 before the 1st of July immediately preceding the date of any competitions they enter. All skaters on the team must hold a minimum of Test 3 (Bronze) Stroking or Test 3 (Bronze) Ice Dance at the close of entries.

ADULT SYNCHRONIZED SKATING

ADULT - A team of 8 to 16 skaters. Skaters must be 25 years of age or older before the 1st of July immediately preceding the championship. 25% of the skaters may be less than 25 years but must be 18 years of age or older before the 1st of July immediately preceding the championship. All skaters on the team must hold a minimum of Test 0 (Elementary) Stroking, Test 0 (Elementary) Pattern Dance, Test A0 (Adult Elementary) Stroking, or Test A1 (Adult Preliminary) Pattern Dance at the close of entries.

Each team may have a maximum of four (4) alternates on the team roster and they must be listed as such. Alternates are not included for the purpose of calculating team composition percentages.

TABULATION: Placing will be tabulated in accordance with the ISU Judging System

PROGRAMME TIMING:

For singles, pairs, synchronized skating, and ice dance, the programme timing starts from the moment the

skater(s) begin to move or skate until arriving at a complete stop at the end of the programme. Competitors are allowed to finish their programme within plus or minus ten seconds of the required time.

REQUIREMENTS

SINGLES

For all grades new ISU Communications will not be valid for New Zealand competitions that commence within two weeks of the date of publication.

SHORT PROGRAMME REQUIREMENTS

ADVANCED NOVICE, JUNIOR and SENIOR

Requirements shall be as per current ISU Regulations and relevant ISU Communications for Advanced Novice, Junior and Senior respectively. Under 12 age categories shall use the ISU Requirements for Ladies.

FREE SKATE PROGRAMME REQUIREMENTS

SENIOR

Requirements shall be as per current ISU Regulations and relevant ISU Communications for Senior.

JUNIOR

Requirements shall be as per current ISU Regulations and relevant ISU Communications for Junior. Junior Under 12 shall use the ISU Requirements for Junior Ladies.

ADVANCED NOVICE

Requirements shall be as per current ISU Regulations and relevant ISU Communications for Advanced Novice. Advanced Novice Under 12 shall use the ISU Requirements for Advanced Novice Ladies.

INTERMEDIATE NOVICE

Requirements shall be as per current ISU Regulations and relevant ISU Communications for Intermediate Novice.

BASIC NOVICE

Requirements shall be as per current ISU Regulations and relevant ISU Communications for Basic Novice.

JUVENILE

Duration: 2 minutes 15 seconds +/- 10 seconds

A well-balanced Juvenile programme must contain a **maximum of 7 elements**:

- A **maximum of four (4) jump elements**, one of which must be an axel type jump. There may be up to two (2) jump combinations or sequences. A jump combination can contain only two (2) jumps. A jump sequence can contain any number of jumps, but only the two most difficult will be counted. Triple jumps are not permitted. Any single and double jump (including Double Axel) cannot be executed more than twice in total.
- A **maximum of two (2) different spins of a different nature (abbreviation)**, one of which must be a spin combination with or without a change of foot (minimum of six (6) revolutions in total) and one spin with no change of position and with or without a change of foot (minimum of six (6) revolutions in total). Flying entrance is permitted.
- **One (1) step sequence** fully utilising the ice surface.

NOTE 1: For Juvenile Under 12 and 12 & Over, in all elements which are subject to Levels, only features up to Level 2 will be counted. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.

NOTE 2: Falls in Juvenile Under 12 & 12 & Over grades to be deducted as a 0.50 deduction rather than a full 1.00 deduction.

NOTE 3: For those skaters who perform a waltz jump as their 'Axel-type jump', the jump will be called an Axel – no value.

ADULT SKATING

ADULT SINGLES FREE SKATING

In Adult competitions for Singles each grade will skate a free skate programme only. **Props are not permitted. Vocal music may be used.**

BRONZE

Duration: 1 minute and 40 seconds +/- 10 seconds

A well-balanced **BRONZE** programme must contain a **maximum of 7 elements:**

- A **maximum of four (4) jump elements**. Only single jumps are permitted, no axel type jump, no double or triples jumps can be included.
Each listed jump may be performed a maximum of two times.
There may be up to two jump combinations. The combinations must only consist of two jumps.
- A **maximum of two (2) spins of a different abbreviation**, one of which must be a spin in one position with no change of foot. The spins must have a required minimum number of revolutions: three (3) for a spin with no change of foot and six (6) for a spin with change of foot. **Flying spins are not permitted**. Only features up to and including Level 1 will be counted. Any additional features will not count for level requirements and will be ignored by the Technical Panel.
- A **maximum of one (1) choreographic sequence** utilising at least ½ the ice surface. Will be awarded a fixed base value and evaluated by the judges in GOE.

NOTE: Falls in Adult Bronze grades to be deducted as a 0.50 deduction rather than a full 1.00 deduction.

SILVER

Duration: 2 minutes +/- 10 seconds

A well-balanced **SILVER** programme must contain a **maximum of 8 elements:**

- A **maximum of five (5) jump elements**. All single jumps are permitted. No double or triple jumps are permitted.
Each listed jump may be performed a maximum of two times.
There may be up to two jump combinations or jump sequences. One jump combination may consist of up to three jumps; the other combination must only consist of two jumps.
- A **maximum of two (2) spins of different abbreviations**, one of which must be a spin combination.
The spins must have a required minimum number of revolutions: four (4) for a spin with no change of foot and six (6) for a spin with change of foot. Only features up to and including Level 2 will be counted. Any additional features will not count for level requirements and will be ignored by the Technical Panel.
- A **maximum of one (1) choreographic sequence** utilising at least ½ the ice surface. Will be awarded a fixed base value and evaluated by the judges in GOE.

NOTE: Falls in Adult Silver grades to be deducted as a 0.50 deduction rather than a full 1.00 deduction.

GOLD

Duration: 2 minutes and 50 seconds +/- 10 seconds

A well-balanced **GOLD** programme must contain a **maximum of 9 elements:**

- A **maximum of 5 jump elements**; can include single and double jumps, excluding double flip, double Lutz and double Axel. No triple jumps are permitted.
Each listed jump may be performed a maximum of two times.
There may be up to three jump combinations or jump sequences. One jump combination could consist of up to three jumps; the other two combinations must only consist of two jumps each.
- A **maximum of three (3) spins of different abbreviations**, one of which must be a spin combination with a change of foot and one must be a flying spin or a spin with a flying entrance. The spins must have a required minimum number of revolutions: four (4) for a spin with no change of foot and eight (8) for a spin with change of foot.
- A **maximum of one (1) step sequence** fully utilising the ice surface.

Only features up to and including Level 3 will be counted for the spins and step sequence. Any additional features will not count for level requirements and will be ignored by the Technical Panel.

ELITE

Duration: 3 minutes +/- 10 seconds

A well-balanced **ELITE** programme must contain a **maximum of 10 elements:**

- A **maximum of six (6) jump elements**, one of which must be an Axel type jump. Single, double and triple jumps are permitted.
Each listed jump may be performed a maximum of two times.
There may be up to three jump combinations or jump sequences. One jump combination could consist of up to three jumps; the other two combinations must only consist of two jumps each.
- A **maximum of three (3) spins of different abbreviations**, one of which must be a spin combination with a change of foot and one must be a flying spin or a spin with a flying entrance. The spins must have a required minimum number of revolutions: five (5) for a spin with no change of foot and eight (8) for a spin with change of foot.
- A **maximum of one (1) step sequence**, fully utilising the ice surface.

BRONZE, SILVER, and GOLD INTERPRETIVE PROGRAMMES

Duration: Bronze and Silver must not exceed 1 minute and 40 seconds

Gold must not exceed 2 minutes and 10 seconds

Vocal music is permitted.

The Interpretive programme will be judged only on the basis of the five Component Marks. The programme should consist of a variety of skating moves selected for their value to enhance the skater's interpretation of the music rather than for their technical difficulty. Skaters will be judged on their ability to interpret the music and develop a theme by using their skating skills.

The Interpretive programme must include:

- A minimum of one and a maximum of two single jumps
- A minimum of one and a maximum of two spins

No axel type jump or double jumps or combination jumps are permitted. Credit for jumps and spins are based solely on the ability of such movements to enhance the chosen theme and support the music. No credit will be given for their technical difficulty.

Falls are not subject to a deduction but may have a negative impact on the Program Components.

The programme must be developed through skating skill and quality rather than through non-skating actions such as sliding on one knee or excessive use of toe steps which should be used only to reflect the character of the programme and to underline the rhythm and nuances of the chosen music. The skater must not remain in one place for more than five (5) seconds.

Elements exceeding the maximum number will be judged as an illegal element and receive a 1.0 deduction. Elements lacking in number will receive a 1.0 deduction.

Costumes should be simple, tasteful and selected to enhance the performance by appropriately reflecting the character of the music and theme.

- Props may not be used in any part of the programme. Any item that is held in the hand or removed during the performance is considered a prop. A hat worn throughout the programme is not considered a prop unless intentionally removed.
- Objects on the ice, thrown to the audience, placed on the boards or on the Judges' tables are not permitted.
- Costumes that contain particles that may mar or leave anything on the ice surface (feathers, boas, excessive beading) are considered unsafe and are not permitted.

Illegal elements

- Somersault type jumps
- Lying on the ice and prolonged and/or stationary kneeling on both knees on the ice.

PAIR SKATING:

For all grades new ISU Communications will not be valid for New Zealand competitions that commence within two weeks of the date of publication.

PAIR SKATING SHORT PROGRAMME

- SENIOR** Requirements shall be as per current ISU Regulations and relevant ISU Communications for Senior.
- JUNIOR** Requirements shall be as per current ISU Regulations and relevant ISU Communications for Junior.
- ADVANCED NOVICE** Requirements shall be as per current ISU Regulations and relevant ISU Communications for Advanced Novice.

PAIR SKATING FREE PROGRAMME

- SENIOR** Requirements shall be as per current ISU Regulations and relevant ISU Communications for Senior.
- JUNIOR** Requirements shall be as per current ISU Regulations and relevant ISU Communications for Junior.
- ADVANCED NOVICE** Requirements shall be as per current ISU Regulations and relevant ISU Communications for Advanced Novice.
- BASIC NOVICE** Requirements shall be as per current ISU Regulations and relevant ISU Communications for Basic Novice.

PRE NOVICE **Duration:** 2 minutes 30 seconds (+/- 10 seconds)

A well-balanced **Pre Novice** programme must contain a maximum of 6 elements:

- **one (1) solo jump**
- **one (1) jump combination or sequence**
- **one (1) solo spin or solo spin combination** (minimum of 4 revolutions);
- **one (1) pair spin or pair spin combination** (minimum of 3 revolutions);
- **one (1) Single Throw Jump**
- **one (1) choreographic sequence** which includes at least one (1) spiral position of each partner (not a kick). The sequence will have a fixed Base value and be evaluated in GOE only

NOTE: For Pre Novice Pair Skating, in all elements which are subject to Levels, only features up to Level 2 will be counted. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.

JUVENILE **Duration:** 2 minutes 15 seconds (+/- 10 seconds)

A well-balanced **Juvenile** programme must contain a maximum of 5 elements:

- **one (1) solo jump**
- **one (1) solo spin or solo spin combination** (minimum of 4 revolutions)
- **one (1) pair spin or pair spin combination** (minimum of 3 revolutions)
- **one (1) pivot figure**
- **one (1) choreographic sequence** which includes at least one (1) spiral position of each partner (not a kick). The sequence will have a fixed Base value and be evaluated in GOE only

NOTE: For Juvenile Pair Skating, in all elements which are subject to Levels, only features up to Level 2 will be counted. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.

ADULT PAIRS FREESKATING

In the Adult competitions for Pair Skating each grade will skate a free skate programme only. **Props are not permitted.**

BRONZE **Duration:** 2 minutes +/- 10 seconds

A well-balanced Bronze programme may contain a **maximum of 5 elements:**

- **one (1) solo jump.** Only single jumps (excluding Axel) are permitted.
- **one (1) jump combination** with a maximum of two jumps included **or one (1) jump sequence** (the two jumps with the highest value will count for points). Only single jumps (excluding Axel) are permitted.

- **one (1) pair spin** (minimum of three (3) revolutions). Pair combination spins are not permitted. No level features will be identified, the maximum level awarded will be Basic.
- **one (1) pivot figure** (at least 1 revolution in pivot position by the man is required)
- **one (1) choreographic sequence** utilising at least ½ the ice surface. Will be awarded a fixed base value and evaluated by the judges in GOE.

NOTE: Falls in Adult Bronze Pair Skating to be deducted as a 0.50 deduction rather than a full 1.00 deduction.

SILVER Duration: 2 minutes 20 seconds +/- 10 seconds

A well-balanced Silver programme may contain a **maximum of 7 elements:**

- **one (1) lift**, of Group 1 or 2 with a minimum ½ revolution for the man. The man's lifting hand(s) should be above his shoulder line. Variations of the lady's position, no-handed and one-handed lifts, and combination lifts are not permitted. Twist lifts are not permitted.
- **one (1) single throw jump.** Only single jumps (excluding Axel) are permitted.
- **one (1) solo single jump.** Only single jumps (excluding Axel) are permitted.
- **one (1) jump combination** with a maximum of two jumps included. Only single jumps (excluding Axel) are permitted
- **one (1) pair spin.** Pair combination spins are not permitted.
- **one (1) pivot figure** (at least 1 revolution in pivot position by the man is required)
- **one (1) choreographic sequence** fully utilising the ice surface. Will be awarded a fixed base value and evaluated by the judges in GOE.

Only features up to and including Level 1 will be counted for the technical elements. Any additional features will not count for level requirements and will be ignored by the Technical Panel.

NOTE: Falls in Adult Silver Pair Skating to be deducted as a 0.50 deduction rather than a full 1.00 deduction.

GOLD Duration: two minutes 40 seconds +/- 10 seconds

Pairs must perform a well-balanced programme that may contain:

- A **maximum of two (2) different lifts** of Group 1 or Group 2 with a minimum ½ revolution for the man and 1 revolution for the lady. The man's lifting hand(s) should be above his shoulder line. Variations of the lady's position, no-handed and one-handed lifts, and combination lifts are **not** permitted. Twist lifts are **not** permitted. A different take-off counts as a different lift.
- A **maximum of one (1) single throw jump.** Only single jumps are permitted.
- A **maximum of one (1) solo single jump.** Only single jumps are permitted.
- A **maximum of one (1) jump combination** with a maximum of three jumps included or **one (1) jump sequence.** Only single jumps are permitted.
- A **maximum of one (1) pair spin** (pair spin or pair combination spin). The spin must have a required minimum number of revolutions: four (4) revolutions for a pair spin and six (6) for a pair combination spin.
- A **maximum of one death spiral or pivot figure** (position optional). At least ¾ revolution in pivot position by the man is required for the death spiral. At least one revolution in pivot position by the man is required for the pivot figure.
- A **maximum of one (1) step sequence** fully utilising the ice surface.

Only features up to and including Level 2 will be counted for the technical elements. Any additional features will not count for level requirements and will be ignored by the Technical Panel.

ELITE Duration: 3 minutes 30 seconds +/- 10 seconds

Pairs must perform a well-balanced programme that may contain:

- A **maximum of three (3) different lifts**, one of which may be a twist lift.
- A **maximum of two (2) throw jumps** (single or double);
- A **maximum of one (1) solo jump.** Single, double and triple jumps are permitted.
- A **maximum of one (1) jump combination** with a maximum of three listed jumps or **one (1) jump sequence.**

- A **maximum of one (1) pair spin (pair spin or pair combination spin)**. The spin must have a required minimum number of revolutions: four (4) revolutions for a pair spin and six (6) for a pair combination spin.
- A **maximum of one solo spin**. The spin must have a required minimum number of revolutions: five (5) for the flying spin with no change of foot after landing, five (5) for the spin with only one position and no change of foot, five (5) for the spin combination with no change of foot and eight (4+4) for the spin combination with change of foot or spin in one position with change of foot.
- A **maximum of one death spiral or pivot figure** (position optional). At least $\frac{3}{4}$ revolution in pivot position by the man is required for the death spiral. At least one revolution in pivot position by the man is required for the pivot figure.
- A **maximum of one (1) step sequence** utilising at least half of the ice surface.

ICE DANCE

For all grades new ISU Communications will not be valid for New Zealand competitions that commence within two weeks of the date of publication.

PATTERN DANCES

SENIOR not required

JUNIOR not required

ADVANCED NOVICE As per Advanced Novice requirements published in ISU Communications.

INTERMEDIATE NOVICE As per Intermediate Novice requirements published in ISU Communications. At the New Zealand National Championships, the draw will be held without regard to what has been competed earlier in the year.

BASIC NOVICE As per Basic Novice requirements published in ISU Communications

JUVENILE Group 1: Riverside Rhumba, Swing Dance

RHYTHM DANCE

Senior & Junior Requirements shall be as per current ISU Regulations and relevant ISU Communications for Senior and Junior respectively.

JUVENILE, BASIC NOVICE, INTERMEDIATE NOVICE and ADVANCED NOVICE:
Not required

FREE DANCE

SENIOR

Requirements shall be as per current ISU Regulations and relevant ISU Communications for Senior.

JUNIOR

Requirements shall be as per current ISU Regulations and relevant ISU Communications for Junior.

ADVANCED NOVICE:

As per current requirements for Advanced Novice as published in ISU Communications.

INTERMEDIATE NOVICE:

As per current requirements for Intermediate Novice as published in ISU Communications.

BASIC NOVICE:

As per current requirements for Basic Novice as published in ISU Communications.

JUVENILE: **Duration:** 1 minute 30 seconds +/- 10 seconds

A maximum of **three required elements:**

- **Three (3) Choreographic Elements: One (1) of which must be a Choreographic Character Step Sequence**
And

Two (2) additional chosen from:

- Choreographic Lift
- Choreographic Spinning Movement
- Choreographic Twizzling Movement
- Choreographic Sliding Movement

NZ WALTZING TROPHY - European Waltz

NORMAN WRIGHT WALTZING TROPHY - American Waltz

ADULT ICE DANCING

Adult Ice Dance consists of the following separate events:

- Pattern Dance event (all grade levels)
- Rhythm Dance event (open grade)
- Free Dance event (all grade levels)

i) PATTERN DANCE EVENT REQUIREMENTS

BRONZE **2021:** Fourteenstep, Swing Dance

SILVER **2021:** European Waltz, Tango

GOLD **2021:** Starlight Waltz, Silver Samba

ELITE **2021:** Starlight Waltz, Rhumba

ii) RHYTHM DANCE EVENT REQUIREMENTS (Open Grade): 2 minutes 50 seconds +/- 10 seconds.

The composition of the Rhythm Dance will be as per the ISU requirements for Junior Rhythm Dance for that year.

Music for the entire Rhythm Dance is provided by the couple and may be vocal. The music for the specified Pattern Dance Elements must be within the announced tempo range (announced by ISU each year).

iii) FREE DANCE EVENT REQUIREMENTS:

For all grades: Vocal music is permitted. No props are permitted. General requirements as per ISU Rule 710.

BRONZE: duration of 1 minute and 50 seconds +/- 10 seconds

Required Elements:

- **A maximum of one (1) Short Lift**, with a maximum duration of 7 seconds. Note that only a maximum Level 1 lift will be counted.
- **A maximum of one (1) Diagonal Step Sequence in Hold, Style B.**
- **A maximum of one (1) Dance Spin** (No Combination).

SILVER: duration of 2 minutes and 30 seconds +/- 10 seconds

Required Elements:

- **A maximum of one (1) Short Lift**, with a maximum duration of 7 seconds. And only a maximum Level 2 lift will be counted.

- A maximum of one (1) **Circular Step Sequence in Hold, Style B.**
- A maximum of one (1) **set of Synchronized Twizzles;**
- A maximum of one (1) **Dance Spin** (Spin or Combination Spin).

GOLD: duration of 3 minutes +/- 10 seconds

Required Elements:

- A maximum of two (2) **different Dance Lifts, 1 Short Lift** with a maximum duration of 7 seconds and **1 Combination Lift** with a maximum duration of 12 seconds; OR **three (3) different types of Short Lifts** with a maximum duration of 7 seconds each.
- A maximum of one (1) **Dance Spin** (Spin or Combination Spin).
- A maximum of one (1) **Diagonal Step Sequence in Hold Style B.**
- A maximum of one (1) **set of Synchronized Twizzles.**

ELITE: duration of 3 minutes +/- 10 seconds

Required Elements:

- A maximum of two (2) **different Dance Lifts, 1 Short Lift** with a maximum duration of 7 seconds and **1 Combination Lift** with a maximum duration of 12 seconds; OR **three (3) different types of Short Lifts** with a maximum duration of 7 seconds each.
- A maximum of one (1) **Dance Spin** (Spin or Combination Spin).
- A maximum of one (1) **Diagonal Step Sequence in Hold Style B.**
- A maximum of one (1) **set of Synchronized Twizzles.**

SYNCHRONIZED SKATING

MUSIC

Any music including vocal music using lyrics is permitted. However, the teams must skate the programme in time to the music. Additions of the sounds of applause or cheers are not permitted.

WARM UP

Short & Free Skating Programme – As per current ISU Rules

SHORT PROGRAMMES for Junior and Senior grades only:

Requirements shall be as per current ISU Regulations and relevant ISU communications for Junior and Senior respectively.

FREE SKATE PROGRAMMES for all grades:

BASIC NOVICE

As per current requirements for Basic Novice as published in ISU Communications.

MIXED AGE

As per current requirements for Advanced Novice as published in ISU Communications.

ADVANCED NOVICE

As per current requirements for Advanced Novice as published in ISU Communications.

JUNIOR

Requirements shall be as per current ISU Regulations and relevant ISU communications for Junior.

SENIOR

Requirements shall be as per current ISU Regulations and relevant ISU communications for Senior.

ADULT Programme length: 3 minutes +/- 10 seconds

MUST INCLUDE THE FOLLOWING FIVE REQUIRED ELEMENTS:

- Intersection Element
- Additional Feature (Point of Intersection) is optional and will be counted if executed correctly
- Pivoting Element – Block
- Traveling Element – Circle
- Rotating Element – Wheel

- Creative Intersection OR Mixed Element

NOTE: Maximum Element levels can be skated, and the level will be called as executed.

Vaults, Group Lifts and un-sustained lifts are not permitted.

EVENT WARM-UP GROUPS

SINGLES & PAIRS: As per NZIFSA Rules 213.6 & 213.7.

| | |
|--|-------------------------------------|
| Junior, Senior and Adult | 6 minute warm-up with general music |
| Intermediate/Advanced Novice FS | 5 minute warm-up with general music |
| Juvenile-Basic Novice FS & Advanced Novice SP | 4 minute warm-up with general music |
| Adult Interpretive | 5 minute warm-up with general music |

ICE DANCE: As per NZIFSA Rules 213.6 & 213.7.

Pattern Dance (including waltzing trophies): 3 minutes in duration (30 seconds without music and 2.5 minutes with music)

Rhythm and Free Dances: Senior, Junior & Adult 5 minutes in duration. All other grades 3 minutes.